

A novel ‘old’ approach to CAMH’s

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Background:

The prevalence of mental health problems in children aged 5 to 15 years old is increasing with time from 9.7% in 1999 to 11.2 in 2017 (NHS Digital, 2018). It is important to accurately assess these patients and risk categorize them to avoid adverse outcome. To this end, NHS greater Glasgow and Clyde has adopted a Performa for triaging, risk categorizing, medical assessing and referring these children to establish a safety network, ensure continuity of care and comply with the royal college standards for mental health (RCM, 2018).

Mental Health & Deliberate Self Harm Triage and Assessment Tool

ED Arrival Date/Time: _____
Triage Nurse Name/Grade: _____
Triage Date/ Time: _____
Accompanied by: _____
Contact details checked: _____ Yes/ No

Is the young person in foster care or a residential care placement?
If Yes: their social work team should be informed, (via standby SW if out-of-hours), AND correspondence given to carers present. Yes/ No
Is there a child protection concern?
If Yes: CPU and SW should be contacted immediately Yes/ No

Triage Observations
Date/ time: _____
HR: _____ BP: _____ RR: _____ SaO₂: _____ Temp: _____ GCS: _____ CEWS: _____
Physical Description: _____

Outline of presentation
Overdose: _____ Details: _____
Self injury: _____
Other mental health presentation: _____

Initial presentation, appearance and behaviour

	Yes	No
Is the young person violent, aggressive or threatening?		
Is the young person obviously distressed, markedly anxious or highly aroused?		
Is the young person quiet or withdrawn?		
Do you think the young person is behaving inappropriately to their situation?		
Do you think the young person presents an immediate risk to you, others or themselves?		
Do you think the young person is likely to abscond prior to assessment?		
Do you think the young person's presentation suggests either delusions or hallucinations?*		
Do you think the young person's presentation suggests they feel their actions are being controlled?		
Are you aware of any mental health problems or psychiatric illnesses?		
Are you aware of any history of violence or self harm?		
Is the young person currently expressing suicidal thoughts?		

*Delusions; false but firmly held views and ideas. Hallucinations; false external stimuli (e.g. visual or vocal) the patient thinks are real

Triage category (See Mental Health Triage Scale) 1 2 3 4 5

Immediate Management
Patient location: _____
Supervised by: _____
Toxbase information printed? Yes/ No _____ Blood sample time: _____
(4 hours from ingestion if required)
DSH Service patient information leaflet given? Yes/ No _____

Print name: _____ Signature: _____ Date/ Time: _____

Triage page of the performa

Inclusion criteria:

Any patient presented with mental health problem (based on presenting complaint)

Exclusion criteria:

Critically ill patients who required level 3 treatment. (1 patient)

Standard:

Any child presenting with mental health problem to Royal Hospital for children emergency department should have the Performa filled in by the nursing and medical staff.

Indicator:

Percentage of patients presented to our tertiary centre paediatrics ED with mental health problem having the Performa filled in appropriately.

Target of 100 % compliance.

Results:

34/ 17451 (0.2 %)

1/34

19/33 (%57)

presented with mental health problem

excluded (critically ill required level 3 care)

had the mental health Performa filled in

17/19

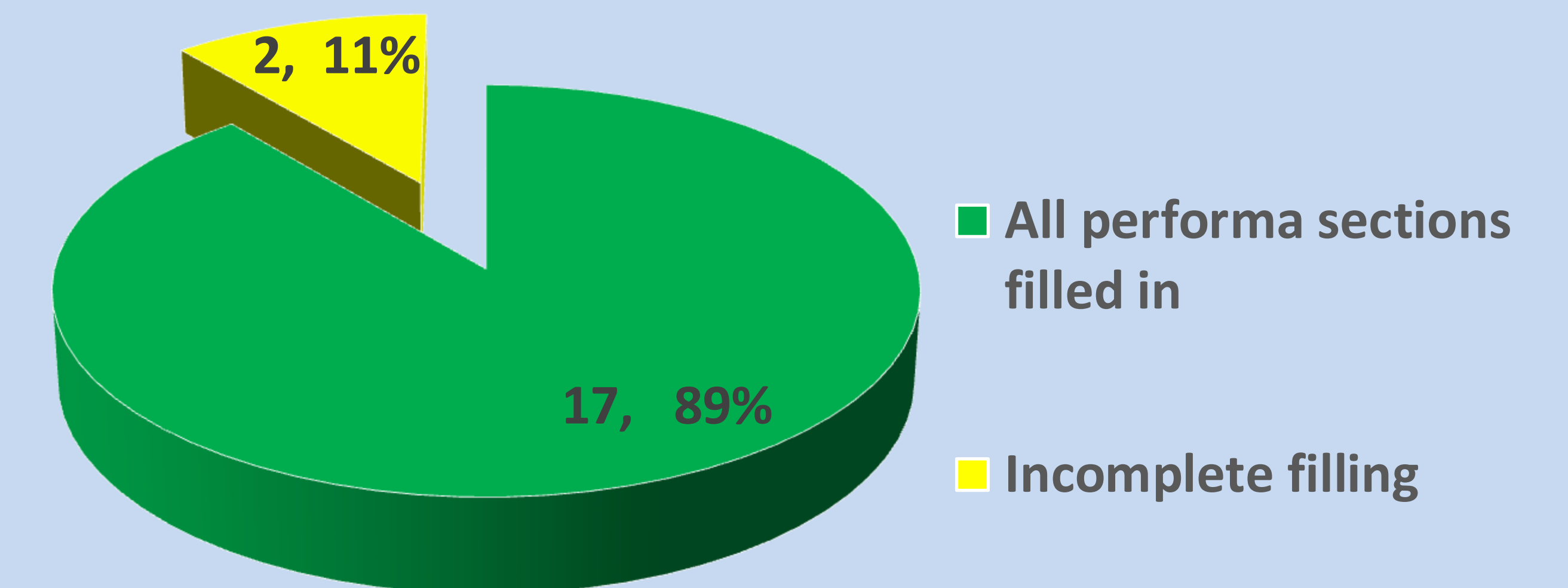
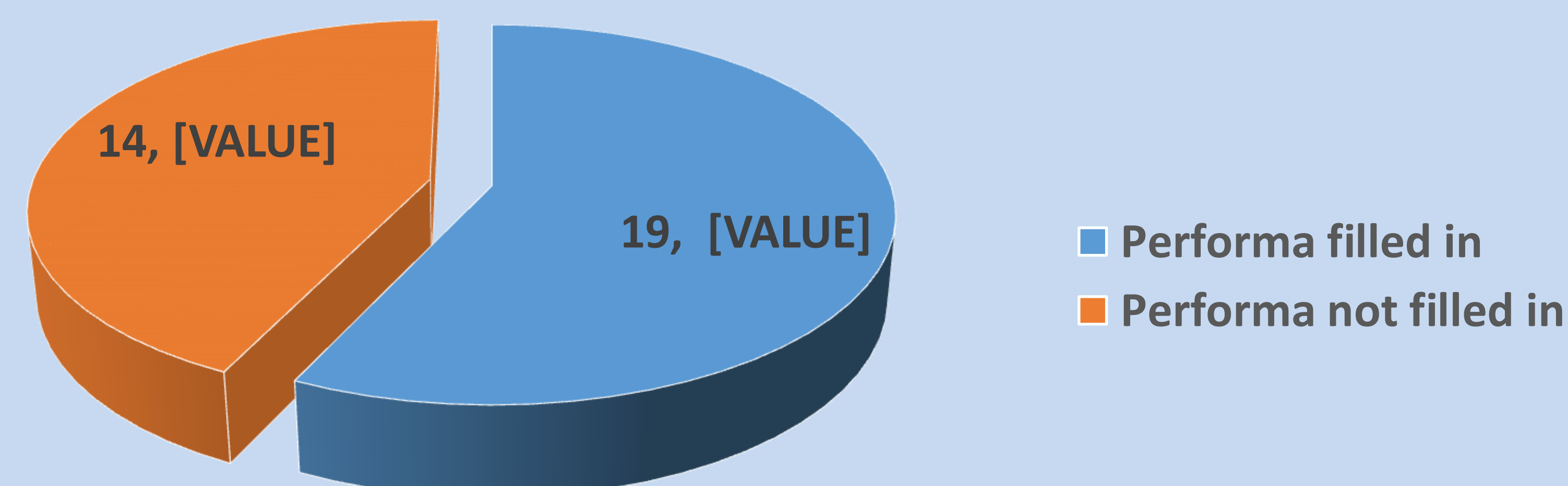
the medical and nursing staff with clear referral plan

2/19

filled in.

The Performa was filled in accurately by both

The medical section of the Performa was not



Of note, 6 out of the 14 patients in which the Performa was not filled in were brought in by ambulance (7 patients in total brought in by ambulance and only one had the Performa filled in).

Action plan:

1.Present the data to the local emergency medicine doctors and nursing staff.

2-Copies of the proforma to be provided in the resuscitation room.

3-Re-audit in January 2020.

Conclusion & perspectives :

The performa standardises the care we provide to a growing cohort of presentations to the emergency department. It enables the team to provide a good quality of care to this group of patients, improving the quality and care received.

By increasing awareness in the ED, with education to nursing and medical staff we can make it a higher standard of care.

Patients & Methods :

2 months data collected retrospectively From 01/02/19 till 30/04/19

via our electronic system (Track Care) ; these include only emergency department presentation (i.e. not a direct referral to specialities from primary care setting or other hospitals).